



Department of Inclusion and Guidance Student led-campaign on Mental Health Awareness

JSS International School's Department of Inclusion and Guidance is proud to have organized a student led-campaign on mental health awareness across all phases. Students of Grade 11 participated enthusiastically in this campaign. The campaign was an initiative to partake in World Mental Health Day which is observed on 10th October globally.

Through the campaign, students highlighted the importance of mental health, the need to talk about it and the fact that "it's okay not to be okay". Campaigners educated the children to seek help from school counselors during times of distress. They promoted the importance of breaking the stigma related to mental health and focused on the challenges children face in a post pandemic era.

This interactive campaign was very well acknowledged by the students and the faculty across all the phases as the campaigners initiated an open conversation about mental health with the students. The campaigners were filled with compassion, zeal and enthusiasm as they embraced the responsibility of spreading mental health awareness, consciously making an effort to put across age appropriate mental health information. They let a lending ear to the children and reported the issues faced by the children to the school counselors.

The Campaign was a very insightful event and was a mega success. It was a progressive step by the School Counselors, Dr Prithvi Sadashiv and Miss Alfia Kauser to nurture, protect and promote mental health and well-being of JSSIS Students.

Our Enthusiastic Campaigners are:

- Sania Haneef
- Zaib mahin
- Tejas saptharishi
- Shreya shree
- Simone Cardoza
- Siya Arvind Singh
- Arya Vinod Pillai



- Tejas Saptharishi
- Sidra Hussain
- Sarah Rajani
- Simone Cardoza
- Mazin Noufel Mayan
- Haniya Salik
- Shreya Srieel
- Haffey Khan
- Poorvi Talluru
- Suprabha Vayuvegula
- Ragav Aadithiah Titetti









